

THE SPIRITUAL ARTIST

Receptivity

The vertical axis measures our level of receptivity to Creative Intelligence— the intuitive, spiritual guidance that flows through us when we are present, open and clear. This is not about trying harder, but rather about clearing away the "not me patterns" previously acquired as a survival mechanism.

Words: Are they fear-based, critical, self-deprecating?

Thoughts: Are they loops of lack, or inspired by love?

Beliefs: Are they inherited or chosen?

Emotions: Are they being stuffed, denied, or consciously moved through?

